



SANDHILLS SANKOFA NEWS

The Official Newsletter of Sandhills Family Heritage Association

SFHA CEMETERY CLEANUP PROJECT JUNETEENTH DAY OF SERVICE



More than sixty-four men, women and youth dared to show up for the Deerfield Cemetery Clean-up on Juneteenth despite the heat. Sandhills Family Heritage Association is elated to have had support from area Keller Williams Realty Teams and their families who are no strangers to volunteering and fundraising for special causes. Hats off to Mary Jackson for connecting our organization to Keller Williams Realty.



Members of the Silver Square Lodge #791 have consistently been present for each clean up and have even provided delicious grilled sausages or hot dogs for everyone. Can't say enough about their support and the commitment of families, friends and community volunteers who return time and time again to the special task of restoring this burial site for the ancestors.

THANK YOU TO EVERYONE WHO CAME OUT.

THIS WAS HISTORIC!

Video Link: <https://www.facebook.com/share/ZFvCgvmiGpKBiLqm/?mibextid=WC7FNe>



PHOTOS: SANDHILLS FAMILY HERITAGE ASSOCIATION

LOYAL SENIOR CITIZENS FAYETTEVILLE, NC

2024 JUNETEENTH CELEBRATION

AMMIE MCRAE JENKINS, GUEST SPEAKER JANET BROWER, SFHA BOARD CHAIR



**FROM SLAVERY TO COMMUNITY BUILDERS
AMMIE SHARED STORIES OF THREE ENSLAVED ANCESTORS FROM
HARNETT AND CUMBERLAND COUNTIES**



**WILLIS MCRAE, SR., 1786-1906, TURPENTINER/PIONEER LANDOWNER
JACK MURCHISON, 1795-1922, PREACHER/CHURCH FOUNDER
LIZZIE MCGREGOR, 1851-1941, RUNAWAY SLAVE GIRL**

SFHA JUNETEENTH COMMEMORATION

EVELYN FRETT, STORYTELLER LEON DOCKERY, NEGRO SPIRITUALS



SFHA Juneteenth program was so enjoyable with historical reenactor, E. Anita Frett from Frett Not Entertainment providing a glimpse of life as a slave trying to avoid capture after escape. Through trials and tribulations of the escape, the power and danger of the times were so beautifully portrayed.



Also, joining us was Board Member, Leon Dockery, who provided recorded music and vocals for the categories and meanings behind some of the African American spirituals. A one-page handout provided examples of each of the titles of well-known spirituals such as *Sometimes I feel Like a Motherless Child, Deep River, and Steal Away.*

We were also blessed by stories of survival after slavery by Executive Director, Ammie Jenkins. Country life replicas of a galvanized water bucket, gourd dippers, an outhouse, moonshine and herbs for medicinal purposes were eloquently presented. Our notable market customers included Alexander Lucas and Spring Lake Alderman Marvin Lachman and guest.

Dewey Dockery, Sr. shared comments regarding the importance of preserving Black History and the positive impact of SFHA in the Sandhills community.

Dewey and Leon Dockery are co-founders of Sons of Faith United (S.O.F.U.), a nonprofit that promotes service to the rural community that helped shape their lives. S.O.F.U. services focus on youth development and becoming an asset to their community.



SANDHILLS FARMERS & HERITAGE MARKET

4



OPEN SATURDAYS 9AM-1PM JUNE THROUGH SEPTEMBER
230 CHAPEL HILL RD., SPRING LAKE, NC



Ms.
Veronica
Watson

Farmers
Market
Vendor

Retired
30-year Army
Veteran



Ms. Watson's personal goal with Green Thumbs Victory Community Garden is to get military veterans involved. Her hope is for the garden to help those with PTSD.



Watermelons, Red, Yellow & Orange: Red & Green Tomatoes: Cantaloupes: Variety of Vegetables: Cookbooks: Baked Goods: Black History Books: Potted Plants: Free Food Bags for SNAP Customers: & much More.....

For Vendor Space Call 910-309-2198

PHOTOS: SANDHILLS FAMILY HERITAGE ASSOCIATION

SFHA FOOD DISTRIBUTION AT FARMERS MARKET

➤➤➤ FREE FOOD FOR SNAP RECIPIENTS



Thank you, Tonya Brinkley for overseeing distribution of free food at the market.

Thanks to our partnership with Second Harvest Food Bank and SFHA Food Distribution Team, there were free food bags of non-perishable food supplies to share with SNAP and other families of limited means. Thank you to Pamela Marks and her grandson for pick up and delivery to the market.

Our vendors included Green Thumb, Bernice Simpson, Ronnie Tanner and Hannah Williams, from Medicaid with information and applications. Green Thumb had a novelty watermelon with yellow insides, red watermelons, cantaloupes, zucchini, yellow squash, tomatoes, cucumbers, corn and more.

Mr. Tanner, a new member and vendor, brought shelled beans, green beans, canned green beans, and more. Bernice Simpson brought an array of her beautiful potted plants.

Every second Saturday is HOT DOG Day! Thank you, Janet, for the hot dogs and fixings, and for the beautiful baked goods, gooey butter bars, brownies, and sweet potato bread.



We are grateful to our Board Chair and Board Member, Janet Brower-Penn and Doris Lucas for delicious baked goods donated for sale to benefit SFHA. Donations included zucchini bread, sweet potato cake, pound cake, and oatmeal-raisin cookies. Scrumptious!!

Priscilla Burton
SFHA Board Member





More North Carolinians (including some with Health Insurance Marketplace plans) can now get coverage through Medicaid.

NCMEDICAID FOR MORE PEOPLE

NC Medicaid covers people ages 19 through 64 years with higher incomes. You may be able to get Medicaid even if you didn't qualify before.

Medicaid pays for doctor visits, yearly check-ups, emergency care, mental health care services, and more — at little or no cost to you. It provides similar health care benefits to other comprehensive health plans.

Who is newly eligible for Medicaid?

You will be able to get health care coverage through Medicaid if you meet all the following criteria below. (And if you were eligible before, you still are.)

- You live in North Carolina.
- You are between ages 19 through 64.
- You are a U.S. citizen. Some non-U.S. citizens can also get health care coverage through Medicaid.

Household Size	2024 Monthly Income*
Single Adults	\$1,732 or less
Family of 2	\$2,351 or less
Family of 3	\$2,970 or less
Family of 4	\$3,588 or less
Family of 5	\$4,207 or less
Family of 6	\$4,826 or less

*Income limits are updated annually.

If I currently have a Marketplace plan or apply for a plan through HealthCare.gov, how will I know if I'm newly eligible for Medicaid?

To find out if you qualify for Medicaid:



Visit [HealthCare.gov](https://www.healthcare.gov) and update your Marketplace application or create a new one.

North Carolinians can now be approved for NC Medicaid through [HealthCare.gov](https://www.healthcare.gov) if they submit a complete application.

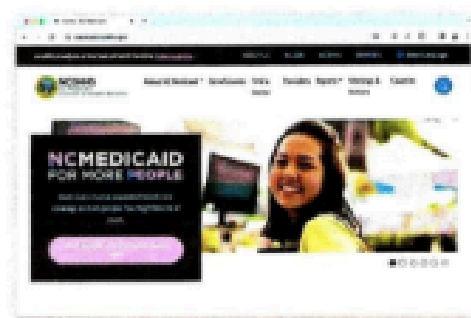
People can also apply online at [ePass.nc.gov](https://www.ePass.nc.gov)

You will never be asked for money when you apply.



Apply for NC Medicaid directly with the state.

You can apply for Medicaid any time. Be alert for scams. For example, it is not possible to "pre-qualify" for Medicaid. Visit [Medicaid.nc.gov/Apply](https://www.Medicaid.nc.gov/Apply) or [HealthCare.gov](https://www.HealthCare.gov) to learn more.



Should I keep my Marketplace coverage if I am eligible for Medicaid?

If you qualify for full Medicaid coverage, you will not be able to get financial help with the cost of your Marketplace plan. Therefore, you probably will not want to keep your Marketplace coverage because it will cost more than coverage through NC Medicaid. To avoid paying the full cost of your Marketplace plan premium and covered services, you should cancel your Marketplace coverage as soon as you find out you were approved for Medicaid.

Will I have to pay back my premium tax credits if I am eligible for Medicaid under the new criteria?

Once you are enrolled in full Medicaid coverage, the federal government may stop paying for part of your Marketplace plan premium (called advance payments of the premium tax credit), and you will have to cover the full cost. You don't have to pay back premium tax credits for the months you had both Medicaid and Marketplace insurance.

How do I cancel my Marketplace plan?

To cancel your Marketplace plan, contact the Marketplace Call Center at 1-800-318-2596 (TTY: 1-855-889-4325) or visit [HealthCare.gov](https://www.healthcare.gov). For more information about when and how to cancel your Marketplace plan, visit [HealthCare.gov/medicaid-chip/cancelling-marketplace-plan](https://www.healthcare.gov/medicaid-chip/cancelling-marketplace-plan).

Learn more at: [Medicaid.nc.gov](https://www.Medicaid.nc.gov)

If you need assistance with the Medicaid application process, please contact Hannah Williamson, certified application counselor, by phone at 910-294-8070 or by email at williamsonh@ncchca.org.



SFHA PARTNERSHIP TO FEED THE HUNGRY SECOND HARVEST FOOD BANK OF SOUTHEAST NORTH CAROLINA AND KINGDOM ENCOUNTERS MINISTRIES

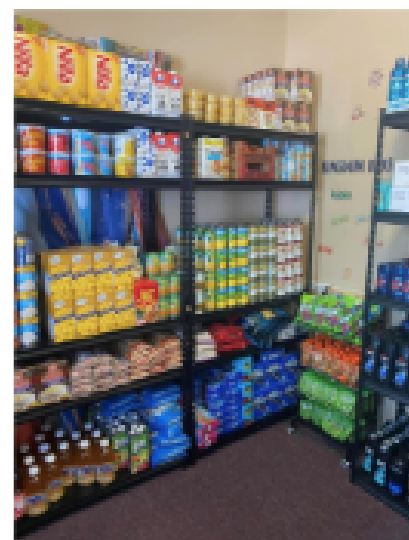


SFHA Servant Heart Volunteers

L-R: Liz Lowe Adams, Schanae Wright, Debbie Adkins, and Patricia Moore support Pamela Marks, SFHA Food Distribution Coordinator, as she accepts a Partnership Appreciation Plaque from Kingdom Encounters Ministries on behalf of Sandhills Family Heritage Association. Thank You Hunger Heroes!



**June 2024
Food Pantry
served
155 families
and
248 individuals**



Kingdom Encounters Ministries Food Pantry

SFHA Servant Heart Volunteers distribute free food to families and seniors in need of help. They deliver and give away food through food pantries in Sanford and Fayetteville and at remote distribution sites in Harnett, Cumberland and surrounding Counties.

SPRING LAKE CIVIC CENTER

➤➤➤ A BUILDING OF HISTORICAL SIGNIFICANCE



Before Renovation



After Renovation

YOUNG ENTREPRENEURS

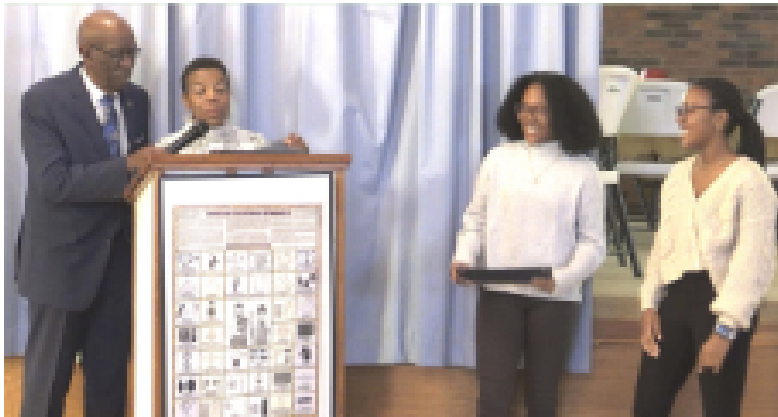
EXPERIENCE IN SALES AND CUSTOMER SERVICE



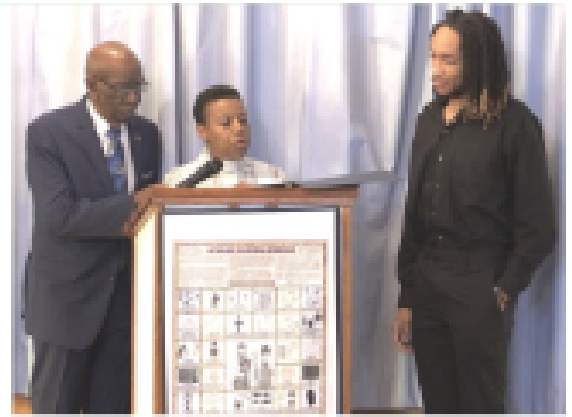
Dark Swarm Honey and Honey-Based Products

YOUNG VOLUNTEER RECOGNITIONS

MAKING A DIFFERENCE



Olivia Jackson and Morgan Jackson



John (Trey) Mosby III



Zymauri McDuffie and Marshall McDuffie



Kameron Frett and Javier Frett

TRIBUTE TO WILLIE MAE BRINKLEY

FOUNDING BOARD MEMBER OF SFHA



RESOLUTION OF APPRECIATION FOR SERVICE IN MEMORY OF MRS. WILLIE MAE BRINKLEY

We give thanks for her time with us and honor her for the unwavering service given to Sandhills Family Heritage Association. We draw strength trusting that she can rest from her years of tireless service.

WHEREAS, Willie Mae Brinkley was a founding member of Sandhills Family Heritage Association twenty-three years ago;

WHEREAS, Willie Mae was dedicated to the mission of Sandhills Family Heritage Association to improve the quality of life for underserved communities in the Sandhills region of North Carolina;

WHEREAS, She was a dedicated volunteer with Sandhills Family Heritage Association and served as a board member, lending her leadership to advance the mission and vision of this organization;

WHEREAS, Willie Mae served out of her desire to have the history and heritage of rural African Americans in the Sandhills preserved for future generations;

WHEREAS, Willie Mae understood that protection of land and natural resources honor the hard work, lives and legacy left by our ancestors;

WHEREAS, Willie Mae continued to support Sandhills Family Heritage Association projects and events, especially using her culinary gift of baking to provide "pinto bean" cakes for several Heritage Food Celebrations;

WHEREAS, She modeled important character traits of hard work, perseverance, service to others and love of family to her children, grandchildren and great-grandchildren;

WHEREAS, Willie Mae's legacy of service and love will continue to inspire her family, community and future members of Sandhills Family Heritage Association.

TRIBUTE TO WILLIE MAE BRINKLEY FOUNDING BOARD MEMBER OF SFHA



BE IT RESOLVED that we release our dear mother, grandmother, great-grandmother, community servant and friend to the will of our Creator and we rest in the knowledge that one day we can see her and serve with her again.

BE IT FURTHER RESOLVED that a copy of this resolution be given to the family and a copy be placed in the archives of Sandhills Family Heritage Association.

Submitted in humility and sincere appreciation for the gift of time with Mrs. Willie Mae Brinkley on this fifth day of July in the year two thousand twenty-four by Sandhills Family Heritage Association.

Respectfully, Janet Brower
Janet Brower, Chair
Sandhills Family Heritage Association Board of Directors





SANDHILLS FAMILY HERITAGE ASSOCIATION
· Community-Based · Grassroots-Led · Family-Focused

DID YOU KNOW?

The Spring Lake Civic Center on Chapel Hill Road is a “Building of Historic and Cultural Significance” to the Town of Spring Lake and Cumberland County. The Farmers and Heritage Market of Spring Lake is the first farmers market authorized in the Spring Lake Town Ordinance.

SFHA sponsors Sandhills Junior Historians who learn the fascinating state, community, and family history that surrounds them.

SFHA sponsors a Food Pantry, Diaper Bank and distributes food and supplies to under-served families in Harnett, Cumberland and surrounding counties.

SFHA is a Founding Partner of the Veterans History Project of the American Folklife Center at the Library of Congress in Washington, DC. Veterans can contact SFHA and learn how to preserve their story in the American Folklife Center.

SFHA was gifted the Deerfield Cemetery where our enslaved ancestors worked on the Ardnave Turpentine Plantation. Our organization is seeking individuals who can provide information that will help document their history and honor their legacy.

SFHA conducts customized themed tours that tell our stories in our own words to highlight places where African Americans have made significant impact in Harnett, Cumberland, Lee, and Moore Counties.

SFHA presents free ongoing community education workshops that are opened to the general public and focused on economic self-sufficiency, sustainable land use, health and wellness, and cultural heritage preservation.

SFHA provides service-learning projects for university and high school students who earn school credits to meet requirements for graduation.

SFHA provides training and technical assistance for minority landowners and farmers.

Contact Information: 910-309-2198 or 919-888-0389

SFHA IS A SANDHILLS COMMUNITY EDUCATION RESOURCE



Planting Seeds of HOPE
History and Heritage
Outreach and Education
Preservation of Land
Economic Self-Sufficiency

You are invited to join SFHA to improve quality of life in under-served Sandhills Communities.

Schedule tours for your group
Sponsor fundraising events
Support our local farmers market
Give donations to support our work
Volunteer to give back to community
Rent space for your special events
Become a member of SFHA
Share your knowledge, wisdom and experience
Sell hand-made home-grown products at our farmers market

Contact Information

SFHA
P. O. Box 754
Spring Lake, NC 28390
910-309-2198 or 919-888-0389
Email: sandhillfamily@yahoo.com
Sandhillfamilyheritage.org
<https://www.facebook.com/ncsfha>

THANK YOU FAMILY, FRIENDS, FUNDERS AND COMMUNITY PARTNERS!



Arts Council of Fayetteville and Cumberland County
NC State Employee Credit Union Foundation
Duke Energy Foundation
The Hillsdale Fund
Marion Stedman Covington Foundation
NC General Assembly
Historic Fayetteville Foundation Fund
Cumberland Community Foundation
The Conservation Fund's Resourceful Communities
The Cannon Foundation
Preservation NC
NC Healing Communities Fund
NC Community Foundation
NC Humanities
BlueCross BlueShield
Mott Philanthropic
Carolyn Riddle Armstrong Foundation
PNC Bank
Fidelity Charitable Trust
Mitchell's Publishing
Beverly Parks, Nonprofit Consultant

Thank You! Community Elders, Local Farmers & Vendors, SFHA Project Partners, Servant Heart Volunteers, Sustaining Donors, SFHA Members & Sankofa Youth!

APRIL-MAY-JUNE FOOD DISTRIBUTION



499 FAMILIES
SERVED

INDIVIDUALS
SERVED

1,478



Get Involved
**IN YOUR
COMMUNITY**

Become a member of SFHA
for an annual fee of only
\$20

Zelle®
**Pay with
Zelle®**
Right from your banking app

Send Payment To:
910-309-2198

Click below



All major Debit and Credit Cards
accepted.

No PayPal Account needed.

SANDHILLS FAMILY HERITAGE ASSOCIATION
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